

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Starters sheets (Track Events)****Final Girls 17 3000m****08:40****171****SASA: 09:35.02 (L-ROETS, MPU, 1998)**

1	919	LEBESE MOKGAETJIE	LIMPOPO
2	950	SHISHIVELI ROLIVHUWA	LIMPOPO
3	1300	MODISE MATHAPELO	NORTH WEST
4	453	MKWANANZI JESSICA	GAUTENG
5	849	NGUBO INGANATHI	KWA-ZULU NATAL
6	30	O GRADY DESNAY	EASTERN CAPE
7	478	PONI ASIKELELA	GAUTENG
8	24	MGEXO SIZIPHIWE	EASTERN CAPE
9	23	MAYEZA INAM	EASTERN CAPE
10	1545	ERASMUS SELMARIE	WESTERN CAPE
11	27	MOJAKI SIPHOKAZI	EASTERN CAPE
12	1548	FOURIE KATERIEN	WESTERN CAPE
13	480	PRETORIUS LEANDRI	GAUTENG

**Final Boys 15 5000m Walk****07:15****204****SASA: 23:55.79 (F-JACOBS, WC, 25 MAR 2015)**

1	878	MDLALOSE BONGOKUHLE	KWA-ZULU NATAL
2	311	SEHANKA HLOMPHO	FREE STATE
3	1640	DUTI KHAZIMLA	WESTERN CAPE
4	863	DLOMO SIPHOSETHU	KWA-ZULU NATAL
5	46	CEBANI AKHANANI	EASTERN CAPE
6	1671	LAMINIE JERALDO	WESTERN CAPE
7	100	SINGAMA ANOVUYO	EASTERN CAPE
8	1662	JANSEN TYLER	WESTERN CAPE
9	1387	WILLIAMSON ZANDER	NORTH WEST
10	78	MNYAMANA AYAKHA	EASTERN CAPE
11	80	MOLEKA ALWABA	EASTERN CAPE
12	872	MASANGO SANELE	KWA-ZULU NATAL
13	598	MUVALE COSTODIO	GAUTENG

**Final Girls 17 5000m Walk****07:45****205****SASA: 25:04.27 (M-STAFFORD, NW, 25 MAR 2015)**

1	1301	MOLOKOMME ONKARABILE	NORTH WEST
2	22	MATHUMBU OLONA	EASTERN CAPE
3	209	SHEPHERD JEMMA	FREE STATE
4	225	WARREN ANDILIN	FREE STATE
5	467	NELSON HEYLINN	GAUTENG
6	1571	MARX JADE	WESTERN CAPE

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Final Girls 15 3000m****08:25****208****SASA: 09:34.98 (Nadia-POTGIETER, GP, 29 MAR 2017)**

1	473	OOSTHUIZEN AMELIA	GAUTENG
2	1146	NTSHANGASE YAMUKELA	MPUMALANGA
3	1133	KHUMALO HLOBISILE	MPUMALANGA
4	910	BOIKANO LEKAGU	LIMPOPO
5	174	JOUBERT JESSIE	FREE STATE
6	1154	SMIT TIANAY	MPUMALANGA
7	855	SIHLEZANA NHLAKANIPHO	KWA-ZULU NATAL
8	1597	SCHRODER KAYLIN	WESTERN CAPE
9	944	PHAHO MATLOU	LIMPOPO
10	1608	VAN HEERDEN CASSIE	WESTERN CAPE
11	1285	FOURIE CHANTÉ	NORTH WEST
12	223	VERSTER JANEL	FREE STATE
13	1	AUGUST ONAKO	EASTERN CAPE
14	1592	READ RUBY	WESTERN CAPE
15	4	DANCA KONELE	EASTERN CAPE
16	26	MOJAKI LINDIWE	EASTERN CAPE
17	460	MOTHAPO OFENTSE	GAUTENG
18	519	WALLER MEGAN	GAUTENG
19	28	NKOSANA ONKE	EASTERN CAPE
20	510	VAN DYK CHELSEA	GAUTENG

**Semi Final 1 of 2 Boys 17 200m****09:10****217****SASA: 20.77 (Sinesipho-DAMBILE, GP, 20 MAR 2019) / LSEN: 22.20****Semi Final 2 of 2 Boys 17 200m****09:10****217****SASA: 20.77 (Sinesipho-DAMBILE, GP, 20 MAR 2019) / LSEN: 22.20**



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

**Semi Final 1 of 2 Boys 19 200m****09:30****219**

---

SASA: 20.50 (R-ELS, GP, 21 MAR 2018) / LSEN: 21.78

---

**Semi Final 2 of 2 Boys 19 200m****09:30****219**

---

SASA: 20.50 (R-ELS, GP, 21 MAR 2018) / LSEN: 21.78

---

**Heat 1 of 3 Girls 15 200m LSEN****09:40****220**

---

2	122	VITSHIMA AYAVUMA	EASTERN CAPE LSEN
3	1751	DAVIDS ZARA (DEAF)	WESTERN CAPE LSEN
4	1406	ROOS TRACY LEE	NORTH WEST LSEN
5	719	OOSTHUIZEN JOLENE	GAUTENG LSEN
6	1224	NYATHI TRACE	MPUMALANGA LSEN
7	1043	KGOMOSOTHO KGOTLELELO	LIMPOPO LSEN
8	334	LETELU KEKETSO	FREE STATE LSEN

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 3 Girls 15 200m LSEN****09:40****220**

2	1051	MASWANGANYI MIYELANI	LIMPOPO LSEN
3	1796	WILLEMSE WAYDENE	WESTERN CAPE LSEN
4	1390	BROSSOUW JENNIFER	NORTH WEST LSEN
5	894	KHANYILE APHELELE	KWA-ZULU NATAL LSEN
6	1743	AFRICA SKYELINN	WESTERN CAPE LSEN
7	1783	PHILANDER JAYDENE	WESTERN CAPE LSEN
8	666	DE WEERDT ANUSHKA	GAUTENG LSEN

**Heat 3 of 3 Girls 15 200m LSEN****09:40****220**

2	1050	MASHABA SELINA	LIMPOPO LSEN
3	1782	PEDRO ALMEGLIN	WESTERN CAPE LSEN
4	701	MOHALE MAHLATSE	GAUTENG LSEN
5	1776	MEYER LEE-SHAY	WESTERN CAPE LSEN
6	1057	NKAMBULE THEMBELIHLE	LIMPOPO LSEN
7	698	MENTOR KEAMOGETSWE	GAUTENG LSEN
8	716	NORRIS JUHANNA	GAUTENG LSEN

**Heat 1 of 3 Boys 15 200m LSEN****09:50****222**

2	1845	MAGATYA OLWABO (DEAF)	WESTERN CAPE LSEN
3	822	TAU GOMOTSEGANG	GAUTENG LSEN
4	359	LIPALI KAMOHELO	FREE STATE LSEN
5	1802	ANDREWS LIAM	WESTERN CAPE LSEN
6	1075	LETAGO CHUENE	LIMPOPO LSEN
7	752	JACOBS CHRISTO	GAUTENG LSEN
8	1418	KAMPIES ITUMELENG	NORTH WEST LSEN

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 3 Boys 15 200m LSEN****09:50****222**

3	1881	WILLIAMS LUCIEN	WESTERN CAPE LSEN
4	1854	NTUTU NALIN	WESTERN CAPE LSEN
5	1118	SEROGOLE KGOATHATSO	LIMPOPO LSEN
6	1117	SELOBANE KGOKONG	LIMPOPO LSEN
7	1241	KHOZA SIMCELILE	MPUMALANGA LSEN
8	1433	MPASI KAMOGELO	NORTH WEST LSEN

**Heat 3 of 3 Boys 15 200m LSEN****09:50****222**

3	1874	VAN ROOY DENWILL	WESTERN CAPE LSEN
4	761	KUNENE NKOSINATHI	GAUTENG LSEN
5	1100	MOKABANE MOTHOGOANE	LIMPOPO LSEN
6	1086	MALAKA JUNIOR	LIMPOPO LSEN
7	781	MODISE LOATILE	GAUTENG LSEN
8	1425	MODISANE THABISO	NORTH WEST LSEN

**Heat 1 of 3 Girls 17 200m LSEN****10:00****224**

2	1512	MATTHYS DELICIA	NORTHERN CAPE LSEN
3	1771	LINNERT ABELINE	WESTERN CAPE LSEN
4	1773	MABHOZO LINOMTHA	WESTERN CAPE LSEN
5	686	MACHELE ZINHLE	GAUTENG LSEN
6	1059	NTOFOLO KARABO	LIMPOPO LSEN
7	724	ROODEMAN MONIQUE	GAUTENG LSEN
8	1740	ABRAHAMS QOTHA	WESTERN CAPE LSEN

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 3 Girls 17 200m LSEN****10:00****224**

3	1403	NCHOE BOITUMELO	NORTH WEST LSEN
4	684	LEKWANE KATLEGO	GAUTENG LSEN
5	709	MWARURA JOYLENE	GAUTENG LSEN
6	1752	DE VLAM LEZÉ	WESTERN CAPE LSEN
7	1784	PIETERSEN CHADNEY	WESTERN CAPE LSEN
8	1044	LANGA DITSHEGO	LIMPOPO LSEN

**Heat 3 of 3 Girls 17 200m LSEN****10:00****224**

3	1052	MATLEJOANA MODIEGE	LIMPOPO LSEN
4	1781	PARSON LUCRESHE	WESTERN CAPE LSEN
5	696	MATSOGE GOITSIMANG	GAUTENG LSEN
6	1214	LAKAJE WONGA	MPUMALANGA LSEN
7	1055	MOHALE KOKETSO	LIMPOPO LSEN
8	711	NGOZI ONUWA	GAUTENG LSEN

**Heat 1 of 4 Boys 17 200m LSEN****10:10****226**

2	1251	MHLONGO EDMOND	MPUMALANGA LSEN
3	1238	HLABANGANE GIFT	MPUMALANGA LSEN
4	905	MBHELE SABELO	KWA-ZULU NATAL LSEN
5	1087	MALAPILE MARTIN	LIMPOPO LSEN
6	1261	NKOSI WANDILE	MPUMALANGA LSEN
7	783	MOHONO THABO	GAUTENG LSEN
8	389	SEBUTSOE REAMOHETSI	FREE STATE LSEN

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 4 Boys 17 200m LSEN****10:10****226**

2	1232	DLAMINI MTUNGWA	MPUMALANGA LSEN
3	1438	NKANYE SAKHIWE	NORTH WEST LSEN
4	1871	VALENTYN ZHEEK	WESTERN CAPE LSEN
5	127	HYKES ETHAN	EASTERN CAPE LSEN
6	750	HLANGLEBI THOKOZANI	GAUTENG LSEN
7	792	MUDAU AMPHA	GAUTENG LSEN
8	1804	ANDRIES JOAYDEN (DEAF)	WESTERN CAPE LSEN

**Heat 3 of 4 Boys 17 200m LSEN****10:10****226**

3	386	REPON CASSEY	FREE STATE LSEN
4	906	SHEZI SISEKO	KWA-ZULU NATAL LSEN
5	1073	KHUMALO LUYANDA	LIMPOPO LSEN
6	789	MOTEBE BOTSHELO	GAUTENG LSEN
7	742	DUBE SIYABONGA	GAUTENG LSEN
8	1800	ABRAHAMS SHAUN	WESTERN CAPE LSEN

**Heat 4 of 4 Boys 17 200m LSEN****10:10****226**

3	904	MBATHA BONGUMUSA	KWA-ZULU NATAL LSEN
4	1439	NOGUDA LOYISO	NORTH WEST LSEN
5	133	MAKULENI ENDINAKO	EASTERN CAPE LSEN
6	1862	SAULS RAILEE	WESTERN CAPE LSEN
7	1070	KEKANA MAHLATSE	LIMPOPO LSEN
8	394	TAAIBOSCH GIOVANNI	FREE STATE LSEN

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 1 of 2 Girls 19 200m LSEN****10:20****227**

2	675	GEORGE PHOEBE	GAUTENG LSEN
3	1765	JORDAAN ZOEY	WESTERN CAPE LSEN
4	725	ROSS BELLE	GAUTENG LSEN
5	714	NKUNA JENNIFER	GAUTENG LSEN
6	1761	JACOBS FAITH	WESTERN CAPE LSEN
7	118	PERRINS SAMANTHA	EASTERN CAPE LSEN
8	679	KHANYINDE ALICE	GAUTENG LSEN

**Heat 2 of 2 Girls 19 200m LSEN****10:20****227**

2	114	KOLOSE ASAKHANYA	EASTERN CAPE LSEN
3	110	BEKKER SHAKIRA	EASTERN CAPE LSEN
4	733	VARRIE JAMYLIN	GAUTENG LSEN
5	1741	ABRAHAMS KERISHNIE	WESTERN CAPE LSEN
6	1225	PHIRI ASANDA	MPUMALANGA LSEN
7	1746	BLANKENBERG MISHCA	WESTERN CAPE LSEN
8	691	MASINA NOMFUNDO	GAUTENG LSEN

**Heat 1 of 4 Boys 19 200m LSEN****10:30****228**

1	124	GAQA OYAMA	EASTERN CAPE LSEN
2	799	NYANDA LINDOKUHLE	GAUTENG LSEN
3	780	MODISE KABELO	GAUTENG LSEN
4	135	MUHAMMED MALLICK	EASTERN CAPE LSEN
5	1257	MOTHA LUTHANDO	MPUMALANGA LSEN
6	754	JANSEN VAN VUUREN DONOVAN	GAUTENG LSEN
7	1834	ISAACS GIWAAN	WESTERN CAPE LSEN
8	1519	KHASITE LBOGANG	NORTHERN CAPE LSEN

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 4 Boys 19 200m LSEN****10:30****228**

2	1431	MOTLALEKGOSI TSHIAMO	NORTH WEST LSEN
3	1830	HARTNICK ALVIN	WESTERN CAPE LSEN
4	908	TYREL DOARAJ	KWA-ZULU NATAL LSEN
5	125	HAWKINS RYLAN	EASTERN CAPE LSEN
6	786	MOKORE TIEGO	GAUTENG LSEN
7	1885	WILLIAMS LO-REAGAN (DEAF)	WESTERN CAPE LSEN
8	1520	MOCUMI TEBOGO	NORTHERN CAPE LSEN

**Heat 3 of 4 Boys 19 200m LSEN****10:30****228**

2	374	MOTAUNG OMPHILE	FREE STATE LSEN
3	131	KONDILE LUMI	EASTERN CAPE LSEN
4	1088	MANAMELA ORE	LIMPOPO LSEN
5	1870	TITUS JAY-T	WESTERN CAPE LSEN
6	779	MOCANO EMMANUEL	GAUTENG LSEN
7	813	SIBEKO TUMISHO	GAUTENG LSEN
8	1846	MAGODLA NILHIPE	WESTERN CAPE LSEN

**Heat 4 of 4 Boys 19 200m LSEN****10:30****228**

2	1250	MATHEBULA SNETHEMBA	MPUMALANGA LSEN
3	1066	ADAMS DADDY	LIMPOPO LSEN
4	1827	FRYER LUSEATIN	WESTERN CAPE LSEN
5	1422	MALEPANE ORATILE	NORTH WEST LSEN
6	812	SEFIKA RETHABILE	GAUTENG LSEN
7	771	MASILELA TLHALEFANG	GAUTENG LSEN
8	1068	DIVALI SIMPHIWE	LIMPOPO LSEN

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Final Girls 17 800m LSEN****10:40****233**

1	702	MOLOI TSHEPANG	GAUTENG LSEN
2	715	NOKWE AYANDA	GAUTENG LSEN
3	1040	KEKANA KGOTLELELO	LIMPOPO LSEN
4	1047	MAKHUBELA AGNES	LIMPOPO LSEN
5	1742	ADAMS POCHNIECE	WESTERN CAPE LSEN
6	1767	KAYSTER ROBIN-LEE	WESTERN CAPE LSEN
7	1792	SWARTZ GAYLIN	WESTERN CAPE LSEN
8	1791	STEFAANS RENE	WESTERN CAPE LSEN
9	710	NDLOVU NKATEKO	GAUTENG LSEN
10	1041	KEKANA ROSY	LIMPOPO LSEN
11	694	MATLALI MPH0	GAUTENG LSEN
12	734	VENTER KATELYN	GAUTENG LSEN
13	1396	MACRAE KAYLIN	NORTH WEST LSEN
14	1226	RAFFERTY MONIQUE	MPUMALANGA LSEN
15	112	JANSEN KAYTOM	EASTERN CAPE LSEN
16	113	JANSEN KAYLON	EASTERN CAPE LSEN
17	689	MAPHANGA JACQUELINE	GAUTENG LSEN

**Final Boys 17 800m LSEN****10:45****234**

1	904	MBATHA BONGUMUSA	KWA-ZULU NATAL LSEN
2	784	MOHONO THABANG	GAUTENG LSEN
3	756	KHAMBULA ORATILWE	GAUTENG LSEN
4	1864	SMAL BURTIANO	WESTERN CAPE LSEN
5	1879	WILLEMSE JOBIAN	WESTERN CAPE LSEN
6	134	MATSHABELA ALEX	EASTERN CAPE LSEN
7	1878	WILLEMSE CONRAY	WESTERN CAPE LSEN
8	1809	BATEKELA ELIADE	WESTERN CAPE LSEN
9	759	KHWAZA KATLEGO	GAUTENG LSEN
10	1416	EMPHOKILE KATLEHO	NORTH WEST LSEN
11	1441	SEDIMEDI OREFEMETSE	NORTH WEST LSEN
12	748	GOEFELA JAMES	GAUTENG LSEN
13	824	TSHABALALA LEBOHANG	GAUTENG LSEN
14	1101	MOKATSE BALEBALENG	LIMPOPO LSEN
15	805	RASEONA GODFREY	GAUTENG LSEN
16	1245	MAGANE KEABETSWE	MPUMALANGA LSEN
17	774	MATAGA TINASHE	GAUTENG LSEN
18	1113	NKOANA TSHEPANG	LIMPOPO LSEN
19	1105	MPHAHLELE THAKGATSO	LIMPOPO LSEN
20	354	HLONGWANE BAFANA	FREE STATE LSEN
21	139	WEIMERS GIOVANDRE	EASTERN CAPE LSEN
22	130	JULIE SELWYN	EASTERN CAPE LSEN



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

**Final Girls 19 800m LSEN****10:50****235**

1	669	DLAMINI LUNGILE	GAUTENG LSEN
2	896	MADUNA SEBENZILE	KWA-ZULU NATAL LSEN
3	1054	MAZWI KUTLWANA	LIMPOPO LSEN
4	1061	RAMMALA TSHEAMO	LIMPOPO LSEN
5	691	MASINA NOMFUNDO	GAUTENG LSEN
6	1229	WALKER DUHANE	MPUMALANGA LSEN
7	1039	CHAUKE JOHANNA	LIMPOPO LSEN
8	1794	TREURNICHT RANDELLENE	WESTERN CAPE LSEN
9	1060	NTSOANE AMOGELANG	LIMPOPO LSEN
10	659	BERRY CHLOE	GAUTENG LSEN
11	656	ABISO DEBORAH	GAUTENG LSEN
12	668	DLADLA MINENHLE	GAUTENG LSEN
13	670	DLAMINI PRECIOUS	GAUTENG LSEN
14	895	MADLALA AKHONA	KWA-ZULU NATAL LSEN
15	115	LWANGAYE ISIPHILE	EASTERN CAPE LSEN
16	1758	HARTNICK JAYDENE	WESTERN CAPE LSEN
17	1757	HANSE JUNEACKE	WESTERN CAPE LSEN

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Final Boys 19 800m LSEN****10:55****236**

1	1803	ANDREWS LEE-GRANT	WESTERN CAPE LSEN
2	136	NYATHANI MBASA	EASTERN CAPE LSEN
3	807	RIBERTS EZRA	GAUTENG LSEN
4	827	VAN EYSSSEN TYRON	GAUTENG LSEN
5	767	MABOE THABANG	GAUTENG LSEN
6	1827	FRYER LUSEATIN	WESTERN CAPE LSEN
7	788	MOSIKIDI MPHO	GAUTENG LSEN
8	902	FYNN XAVIER	KWA-ZULU NATAL LSEN
9	903	KHANYA NKOSIKHONA	KWA-ZULU NATAL LSEN
10	828	WANDERI JAYDEN	GAUTENG LSEN
11	1103	MOSEHLANE TEMOSHO	LIMPOPO LSEN
12	1116	RIKHOTSO WAYNE	LIMPOPO LSEN
13	818	SOKAZI MELIKHAYA	GAUTENG LSEN
14	1421	LESEMOLA MOHAU	NORTH WEST LSEN
15	390	SEOBI REITUMETSI	FREE STATE LSEN
16	1521	MONYANDO THEO	NORTHERN CAPE LSEN

**Final Girls 15 800m LSEN****11:00****238**

1	898	MALINGA NOLWAZI	KWA-ZULU NATAL LSEN
2	1224	NYATHI TRACE	MPUMALANGA LSEN
3	1787	SAULS ROSLIN	WESTERN CAPE LSEN
4	1766	JOUBERT CARMELITA	WESTERN CAPE LSEN
5	1759	HOFFMEESTER MARISSA	WESTERN CAPE LSEN
6	1780	MQUELA JENIQUE	WESTERN CAPE LSEN
7	347	VAN ROOYEN LLEERINNE	FREE STATE LSEN
8	658	AWAN ASHINE	GAUTENG LSEN
9	1790	SOLOMONS TAMMY	WESTERN CAPE LSEN
10	1402	MOTAUNG AMOGELANG	NORTH WEST LSEN
11	731	VAN DER HAAR CAYLEIGH	GAUTENG LSEN
12	726	SENTIWE BONOLO	GAUTENG LSEN
13	680	KOLOBE KARABELO	GAUTENG LSEN
14	727	SESING BOITUMELO	GAUTENG LSEN
15	117	NDABENI ASEMAHLE	EASTERN CAPE LSEN
16	1049	MANAMELA ANNA	LIMPOPO LSEN
17	1048	MALULEKE KEDIBONE	LIMPOPO LSEN

**Final Boys 15 800m LSEN****11:05****239**

1	785	MOKGATLA AVUYA	GAUTENG LSEN
2	776	MBANZA KIMONA	GAUTENG LSEN
3	802	NYOVANE LWAZI	GAUTENG LSEN
4	830	ZWANE LERATO	GAUTENG LSEN



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

5	1814	CAROLUS BREYTON	WESTERN CAPE LSEN
6	1075	LETAGO CHUENE	LIMPOPO LSEN
7	1831	HEKTOOR WAYLINE	WESTERN CAPE LSEN
8	801	NYEMBEZI SIPHO	GAUTENG LSEN
9	1259	NDIMANDE LIFA	MPUMALANGA LSEN
10	1812	BOTHA LORENZO	WESTERN CAPE LSEN
11	1269	SIKGOBELA TSHEPISO	MPUMALANGA LSEN
12	1806	ARENDSE CALEB	WESTERN CAPE LSEN
13	1092	MATIMU MUKASI	LIMPOPO LSEN
14	1272	ZULU SIBUSISO	MPUMALANGA LSEN
15	1429	MOLEDI THABISO	NORTH WEST LSEN
16	1071	KEKANA JAN	LIMPOPO LSEN
17	768	MAELA KUTLWANO	GAUTENG LSEN
18	803	OOSTHUIZEN QUINTON	GAUTENG LSEN
19	1426	MODISE REMOTHABETSE	NORTH WEST LSEN
20	907	STHOLE MTHOKOZISI	KWA-ZULU NATAL LSEN
21	363	MACOLO OFENTSE	FREE STATE LSEN
22	369	MODIBEDI KATLEHO	FREE STATE LSEN
23	1235	GININDZA SENZO	MPUMALANGA LSEN



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

<b>Final Girls 15 300m Hurdles</b>	<b>11:15</b>	<b>76.2cm</b>	<b>240</b>
------------------------------------	--------------	---------------	------------

---

SASA: 41.36 (C-TERBLANCHE, WP, 2000)

---

<b>Final Boys 15 300m Hurdles</b>	<b>11:20</b>	<b>84cm</b>	<b>241</b>
-----------------------------------	--------------	-------------	------------

---

SASA: 37.58 (L-MAREE, WC, 27 MAR 2014)

---

<b>Final Girls 17 400m Hurdles</b>	<b>11:30</b>	<b>76.2cm</b>	<b>242</b>
------------------------------------	--------------	---------------	------------

---

SASA: 0:58.01 (G-MORAKE, GP, 21 MAR 2018)



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

<b>Final Girls 19 400m Hurdles</b>	<b>11:35</b>	<b>76.2cm</b>	<b>243</b>
------------------------------------	--------------	---------------	------------

---

SASA: 0:58.49 (Rogail-JOSEPH, WP, 21 MAR 2018)

---

<b>Final Boys 17 400m Hurdles</b>	<b>11:40</b>	<b>84cm</b>	<b>244</b>
-----------------------------------	--------------	-------------	------------

---

SASA: 0:50.82 (LJ-VAN ZYL, RSA, 29 MAY 2002)

---

<b>Final Boys 19 400m Hurdles</b>	<b>11:45</b>	<b>91.4cm</b>	<b>245</b>
-----------------------------------	--------------	---------------	------------

---

SASA: 0:49.36 (Z-SOKWAKHANA, GP, 21 MAR 2018)



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

<b>Final Girls 15 800m</b>	<b>11:55</b>	<b>246</b>
----------------------------	--------------	------------

---

SASA: 2:08.14 (L-COETZEE, SGT, 2000) / LSEN: 2:26.37 (L-MADUMA, NW, 29 MAR 2012)

---

<b>Final Boys 15 800m</b>	<b>12:00</b>	<b>247</b>
---------------------------	--------------	------------

---

SASA: 1:52.66 (Garrick-REES, GP, 20 MAR 2019) / LSEN: 1:59.00

---

<b>Final Girls 13 200m LSEN</b>	<b>12:05</b>	<b>248</b>
---------------------------------	--------------	------------

---



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

<b>Final Boys 13 200m LSEN</b>	<b>12:10</b>	<b>249</b>
--------------------------------	--------------	------------

---

---

<b>Final Girls 15 200m LSEN</b>	<b>12:15</b>	<b>250</b>
---------------------------------	--------------	------------

---

---

<b>Final Boys 15 200m LSEN</b>	<b>12:20</b>	<b>251</b>
--------------------------------	--------------	------------

---



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

<b>Final Girls 17 200m LSEN</b>	<b>12:25</b>	<b>254</b>
---------------------------------	--------------	------------

---

---

<b>Final Boys 17 200m LSEN</b>	<b>12:30</b>	<b>259</b>
--------------------------------	--------------	------------

---

---

<b>Final Girls 19 200m LSEN</b>	<b>12:35</b>	<b>260</b>
---------------------------------	--------------	------------

---



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

**Final Boys 19 200m LSEN****12:40****261**

---

---

**Final Girls 17 800m****12:50****262**

---

SASA: 2:06.21 (M-STANDER, GP, 29 MAR 2012) / LSEN: 2:15.90

---

**Final Boys 17 800m****12:55****263**

---

SASA: 1:49.30 (L-HADEBE, SCN, 1997) / LSEN: 1:54.25 (H-DINGILE, GP, 23 MAR 2019)



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

**Final Girls 15 200m****13:00****264**

SASA: 24.25 (I-ROSSOUW, NW, 1995) / LSEN: 25.50

---

**Final Boys 15 200m****13:05****265**

SASA: 21.79 (J-WEBER, WC, 16 MAR 2016) / LSEN: 21.80

---

**Final Girls 17 200m****13:10****267**

SASA: 23.57 (Charne-VERMEULEN, GP) / LSEN: 25.80



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

**Final Boys 17 200m****13:15****268**

SASA: 20.77 (Sinesipho-DAMBILE, GP, 20 MAR 2019) / LSEN: 22.20

---

**Final Girls 19 200m****13:20****269**

SASA: 23.93 (C-MOSIME, GP, 21 MAR 2018) / LSEN: 23.76

---

**Final Boys 19 200m****13:25****270**

SASA: 20.50 (R-ELS, GP, 21 MAR 2018) / LSEN: 21.78



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

**Final Girls 19 800m****13:35****271****SASA: 2:06.29 (Gena-LOFSTRAND, KZN, 23 MAR 2013) / LSEN: 2:17.45**

1	936	MOGANO ANDREA	LIMPOPO
2	490	SITHOLE OLIVIA	GAUTENG
3	497	STICKELLS TANYA	GAUTENG
4	170	GUNTHER ANKE	FREE STATE
5	1574	MINNAAR STEPHANIE	WESTERN CAPE
6	1614	VILJOEN DANIELA	WESTERN CAPE
7	1583	NEL ELUA	WESTERN CAPE
8	1325	VISSER CARLI	NORTH WEST
9	514	VAN SCHALKWYK CARLI	GAUTENG
10	43	XHONTI ZINTLE	EASTERN CAPE
11	1454	KOOPMAN SARITA	NORTHERN CAPE

**Final Boys 19 800m****13:45****272****SASA: 1:47.10 (B-MGEMANE, FS, 27 MAR 2004) / LSEN: 1:56.30****Final Boys 19 5000m****13:50****273****SASA: 14:18.50 (N-NAMAKOE, GP, 23 MAR 2013) / LSEN: 15:34.60**

1	1173	LUKHELE SIBUSISO	MPUMALANGA
2	1162	CHAUKE LUCKY	MPUMALANGA
3	1486	MATSHIDISHO AMOGELANG	NORTHERN CAPE
4	1498	SABAT AJ	NORTHERN CAPE
5	1634	DANIELS WILLMARK	WESTERN CAPE
6	1015	RAMALIVHANA MUANO JUSTICE	LIMPOPO
7	1030	THOBEJANE ADAM	LIMPOPO
8	264	MALATO KATLEHO	FREE STATE
9	989	MANOKWANA ALFRED	LIMPOPO
10	971	KGATLA HENDRICK	LIMPOPO
11	272	MATSOSO ANELE	FREE STATE
12	879	MGAGA NGCEBO	KWA-ZULU NATAL
13	623	RATHWAKGA KENNETH	GAUTENG
14	586	MOKOKA NTANDO	GAUTENG
15	71	MATSALO THANDOLWETHU	EASTERN CAPE
16	101	STUNGWA AVILE	EASTERN CAPE
17	49	DAYI HLELA	EASTERN CAPE
18	58	JOLA ENDINAKO	EASTERN CAPE
19	287	MORAKE TSHEPANG	FREE STATE
20	890	THABEDE AYANDA	KWA-ZULU NATAL
21	282	MOKOENA TEBOHO	FREE STATE
22	565	LETSOALO KEAMOGETSWE	GAUTENG
23	1361	MLOMPI IKANYENG	NORTH WEST
24	289	MOROU TUMANE	FREE STATE
25	886	NGEMA AMAHLE	KWA-ZULU NATAL



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)  
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

**Final Boys 15 3000m****14:20****274****SASA: 08:28.99 (M-MASEKO, MPU, 2000)**

1	97	RADEBE MINENTLE	EASTERN CAPE
2	892	ZULU LUBANZI	KWA-ZULU NATAL
3	1475	ENGELBRECHT JOHN	NORTHERN CAPE
4	1385	VAN HEERDEN BRIAN	NORTH WEST
5	1183	MNDEBELE NTANDO	MPUMALANGA
6	1383	VAN DER BERG STEYN	NORTH WEST
7	1163	CHIBI VUKONA	MPUMALANGA
8	1367	MOLEFE LERATO	NORTH WEST
9	1182	MLULI FISOKUHLE	MPUMALANGA
10	1186	MSIZA KOOS	MPUMALANGA
11	887	PHILIMANE MSAWAKHE	KWA-ZULU NATAL
12	867	JWARA THALENTE	KWA-ZULU NATAL
13	876	MBHELE AVELA	KWA-ZULU NATAL
14	1380	SEREO KAMOGELO	NORTH WEST
15	314	SEMELA TOKELO	FREE STATE
16	325	XABA MPHO	FREE STATE
17	571	MAHERRY ONTLAMETSE	GAUTENG
18	600	NCAPAI MENZI	GAUTENG
19	529	BREEDT NARDUS	GAUTENG
20	1349	KGATITSWE PENYO	NORTH WEST
21	284	MOLATO XOLILE	FREE STATE
22	1358	MATOKONYANE BOIKHUTSO	NORTH WEST
23	983	MAKIBELO CHRIS	LIMPOPO
24	975	MADISHA JIM	LIMPOPO
25	963	BOSHIELO THABANG	LIMPOPO
26	1024	SELEKA ITUMELENG	LIMPOPO
27	1704	SASS KAYDEN	WESTERN CAPE
28	1720	TIETIES LEANDRE	WESTERN CAPE
29	91	PAKISI SANELE	EASTERN CAPE
30	55	HANTAYI ZAMA	EASTERN CAPE
31	59	KALA LATITHA	EASTERN CAPE
32	88	NTILINI QHAWE	EASTERN CAPE
33	234	CILLIERS DEHAN	FREE STATE
34	1700	RAMSON FABIANO	WESTERN CAPE
35	585	MOKHOBO ATLEGANG	GAUTENG

**Final Girls 19 1234 Swedish Relay LSEN****14:40****275**

5		RELAY TEAM	WESTERN CAPE LSEN
6		RELAY TEAM	MPUMALANGA LSEN
7		RELAY TEAM	GAUTENG LSEN



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

**Final Boys 19 1234 Swedish Relay LSEN**

**14:50**

**276**

5	RELAY TEAM	GAUTENG LSEN
6	RELAY TEAM	MPUMALANGA LSEN
7	RELAY TEAM	WESTERN CAPE LSEN



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

**Final Girls 15 4x100m Relay****15:00****277**

---

**SASA: 0:47.50 (Gauteng, 27 MAR 2004)**

3	RELAY TEAM WC	WESTERN CAPE
4	RELAY TEAM	GAUTENG
5	RELAY TEAM NW	NORTH WEST
6	RELAY TEAM EP	EASTERN CAPE
7	RELAY TEAM MPU	MPUMALANGA
8	RELAY TEAM LIM	LIMPOPO

---

**Final Boys 15 4x100m Relay****15:10****278**

---

**SASA: 0:42.15 (Western Cape, 29 MAR 2017)**

1	RELAY TEAM	NORTH WEST
2	RELAY TEAM NC_A	NORTHERN CAPE
3	RELAY TEAM	EASTERN CAPE
4	RELAY TEAM	LIMPOPO
5	RELAY TEAM NC_B	NORTHERN CAPE
6	RELAY TEAM	MPUMALANGA
7	RELAY TEAM	GAUTENG
8	RELAY TEAM	WESTERN CAPE

---

**Final Girls 17 4x100m Relay LSEN****15:20****279**

---

**SASA: 0:46.69 (Gauteng, 25 MAR 2015)**

4	RELAY TEAM	MPUMALANGA LSEN
5	RELAY TEAM	GAUTENG LSEN
6	RELAY TEAM	WESTERN CAPE LSEN
7	RELAY TEAM	LIMPOPO LSEN



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

**Final Boys 17 4x100m Relay LSEN****15:30****280**

2	RELAY TEAM	EASTERN CAPE LSEN
3	RELAY TEAM	GAUTENG LSEN
4	RELAY TEAM	LIMPOPO LSEN
5	RELAY TEAM FS_LSEN_A	FREE STATE LSEN
6	RELAY TEAM FS_LSEN_B	FREE STATE LSEN
7	RELAY TEAM	MPUMALANGA LSEN
8	RELAY TEAM	WESTERN CAPE LSEN

**Final Girls 17 4x100m Relay****15:40****281****LSEN: 0:52.77 (Western Cape, 21 MAR 2018)**

2	RELAY TEAM	GAUTENG
3	RELAY TEAM	WESTERN CAPE
4	RELAY TEAM	LIMPOPO
5	RELAY TEAM	NORTH WEST
6	RELAY TEAM	MPUMALANGA
7	RELAY TEAM	EASTERN CAPE
8	RELAY TEAM	NORTHERN CAPE

**Final Boys 17 4x100m Relay****15:50****282****SASA: 0:41.18 (Gauteng, 25 MAR 2015) / LSEN: 0:44.09 (Western Cape, 21 MAR 2018)**

1	RELAY TEAM NC_A	NORTHERN CAPE
2	RELAY TEAM	MPUMALANGA
3	RELAY TEAM	EASTERN CAPE
4	RELAY TEAM	LIMPOPO
5	RELAY TEAM	GAUTENG
6	RELAY TEAM NC_B	NORTHERN CAPE
7	RELAY TEAM	NORTH WEST
8	RELAY TEAM	WESTERN CAPE



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)**  
**2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

---

**Final Girls 19 4x400m Relay**

**16:20**

**283**

SASA: 03:23.42 (Gauteng, 31 MAR 2007)

---

**Final Boys 19 4x400m Relay**

**16:30**

**284**

SASA: 03:09.79 (Gauteng, 21 MAR 2018)