

## PROGRAM

Performance Scores: APE 2024 table, Electronic Time, Height above sea=0

Seq	Time	Pit	Event	Category	Next	Spec
<b>START OF DAY 1</b>						
1	07:30		Final Boys 17 10000m Walk	M		
2	08:00	A	Final Girls 13 LongJump	L		
2	08:00	A	Final Girls 14 LongJump	L		
2	08:00	A	Final Girls 15 LongJump	L		
3	08:00		Final Boys 14 Javelin	L		600g
3	08:00		Final Boys 15 Javelin	L		600g
4	08:00	A	Final Boys 13 HighJump	L		
4	08:00	A	Final Boys 14 HighJump	L		
4	08:00	A	Final Boys 15 HighJump	L		
5	08:00	A	Final Boys 17 HighJump	L		
6	08:00	A	Final Girls 17 Shotput	L		3kg
7	08:00	B	Final Boys 17 Shotput	L		5kg
8	08:00		Final Girls 15 Polevault	M		
9	08:00		Final Girls 14 Hammer	M		3kg
9	08:00	A	Final Girls 15 Hammer	M		3kg
11	09:00		Final Girls 14 5000m Walk	M		
12	09:15	A	Final Boys 19 HighJump	L		
13	09:30	A	Final Girls 13 Shotput	L		3kg
13	09:30	A	Final Girls 14 Shotput	L		3kg
13	09:30	A	Final Girls 15 Shotput	L		3kg
14	09:30	B	Final Boys 13 Shotput	L		4kg
14	09:30	B	Final Boys 14 Shotput	L		4kg
14	09:30	B	Final Boys 15 Shotput	L		4kg
15	09:30	B	Final Boys 13 LongJump	L		
15	09:30	B	Final Boys 14 LongJump	L		
15	09:30	A	Final Boys 15 LongJump	L		
16	09:30		Final Girls 13 Javelin	L		500g
16	09:30		Final Girls 15 Javelin	L		500g
17	09:40		Heat 1 of 2 Boys 19 400m Hurdles	M	(Final=62)	91.4cm
18	09:47		Heat 1 of 2 Boys 17 400m Hurdles	M	(Final=63)	84cm
19	09:55		Heat 1 of 2 Girls 19 400m Hurdles	M	(Final=64)	76.2cm
19	09:55		Final Girls 19 400m Hurdles	L		76.2cm
20	10:00		Final Girls 17 Polevault	M		
21	10:00		Final Girls 17 Hammer	M		3kg
22	10:00		Final Girls 14 Discus	L		1kg
22	10:00		Final Girls 15 Discus	L		1kg
23	10:00		Heat 1 of 2 Girls 17 400m Hurdles	M	(Final=66)	76.2cm
25	10:14		Heat 1 of 2 Boys 15 300m Hurdles	M	(Final=67)	84cm
26	10:21		Heat 1 of 2 Girls 14 300m Hurdles	M	(Final=70)	76.2cm
26	10:21		Heat 1 of 2 Boys 14 300m Hurdles	M	(Final=68)	84.0cm
27	10:28		Heat 1 of 2 Girls 15 300m Hurdles	M	(Final=69)	76.2cm
28	10:35		Final Girls 13 1500m	L		
28	10:35		Final Girls 14 1500m	L		
29	10:42		Final Boys 13 1500m	L		
29	10:42		Final Boys 14 1500m	L		
30	10:45	B	Final Girls 13 HighJump	L		

**Meeting :WWS-WC HIGH & LSEN SCHOOLS CHAMPIONSHIPS  
2026/03/13 to 2026/03/14 at COETZENBURG, STELLENBOSCH**

30	10:45	B	Final Girls 14 HighJump	L	
30	10:45	B	Final Girls 15 HighJump	L	
31	10:50		Final Girls 15 1500m	L	
32	10:57		Final Boys 15 1500m	L	
33	11:00	B	Final Girls 17 LongJump	L	
34	11:00	A	Final Girls 19 LongJump	L	
35	11:00		Final Boys 17 Javelin	L	700g
36	11:00	A	Final Girls 19 Shotput	L	4kg
37	11:00	B	Final Boys 19 Shotput	L	6kg
38	11:00	A	Final Girls 17 HighJump	L	
39	11:00	B	Final Girls 19 HighJump	L	
40	11:00		Final Girls 15 Discus	M	1kg
41	11:04		Final Girls 17 1500m	L	
41	11:04		Final Girls 19 1500m	L	
42	11:11		Final Boys 17 1500m	L	
42	11:11		Final Boys 19 1500m	L	
43	11:18		Final Girls 17 5000m Walk	M	
44	12:00		Heat 1 of 2 Girls 14 100m	M	(Final=87)
45	12:00		Final Girls 19 Hammer	M	4kg
46	12:00		Final Boys 15 Polevault	M	
47	12:07		Heat 1 of 2 Boys 14 100m	M	(Final=89)
48	12:14		Heat 1 of 2 Girls 15 100m	M	(Final=88)
49	12:21		Heat 1 of 2 Boys 15 100m	M	(Final=90)
50	12:28		Heat 1 of 2 Girls 17 100m	M	(Final=91)
51	12:30	A	Final Girls 14 HighJump	M	
51	12:30	A	Final Girls 15 HighJump	M	
52	12:30	B	Final Boys 14 Shotput	M	4kg
52	12:30	B	Final Boys 15 Shotput	M	4kg
53	12:30	B	Final Boys 17 LongJump	L	
54	12:30		Final Boys 19 Javelin	L	800g
55	12:30	B	Final Girls 19 HighJump	M	
56	12:30	A	Final Boys 19 LongJump	L	
57	12:35		Heat 1 of 2 Boys 17 100m	M	(Final=92)
58	12:42		Heat 1 of 2 Girls 19 100m	M	(Final=93)
59	12:49		Heat 1 of 2 Boys 19 100m	M	(Final=94)
60	13:00		Final Girls 17 Discus	L	1kg
61	13:07		Final Girls 19 5000m	M	
62	13:20		Final Boys 19 400m Hurdles	M	91.4cm
63	13:25		Final Boys 17 400m Hurdles	M	84cm
64	13:30		Final Girls 19 400m Hurdles	M	76.2cm
65	13:30	B	Final Boys 14 Hammer	M	4kg
65	13:30	B	Final Boys 15 Hammer	M	4kg
66	13:35		Final Girls 17 400m Hurdles	M	76.2cm
67	13:40		Final Boys 15 300m Hurdles	M	84cm
68	13:45		Final Boys 14 300m Hurdles	M	84.0cm
69	13:50		Final Girls 15 300m Hurdles	M	76.2cm
70	13:55		Final Girls 14 300m Hurdles	M	76.2cm
71	14:00		Final Girls 14 Javelin	L	500g
71	14:00		Final Girls 14 Javelin	M	500g
71	14:00		Final Girls 15 Javelin	M	500g
72	14:00	B	Final Girls 17 LongJump	M	

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73	14:00	A	Final Girls 14 Shotput	M	3kg
73	14:00	A	Final Girls 15 Shotput	M	3kg
74	14:00		Final Girls 19 Polevault	M	
75	14:00	B	Final Boys 19 Shotput	M	6kg
76	14:00		Final Girls 13 100m	L	
77	14:00		Final Girls 14 100m	L	
78	14:10		Final Boys 13 100m	L	
79	14:15		Final Boys 14 100m	L	
80	14:20		Final 1 of 2 Girls 15 100m	L	(No final)
81	14:25		Final 1 of 2 Boys 15 100m	L	(No final)
82	14:30		Final 1 of 2 Girls 17 100m	L	(No final)
83	14:30		Final Boys 19 Discus	M	1.75kg
84	14:35		Final 1 of 2 Boys 17 100m	L	(No final)
85	14:40		Final Girls 19 100m	L	
86	14:45		Final Boys 19 100m	L	
87	14:50		Final Girls 14 100m	M	
88	14:55		Final Girls 15 100m	M	
89	15:00		Final Boys 14 100m	M	
90	15:05		Final Boys 15 100m	M	
91	15:10		Final Girls 17 100m	M	
92	15:15		Final Boys 17 100m	M	
93	15:20		Final Girls 19 100m	M	
94	15:25		Final Boys 19 100m	M	
95	15:30		Final Boys 19 Javelin	M	800g
96	15:30	B	Final Boys 17 LongJump	M	
97	15:30	A	Final Boys 19 LongJump	M	
98	15:30		Final Boys 19 Hammer	M	6kg
98	15:30	B	Final Boys 19 Hammer	L	6kg
99	15:35		Final Girls 14 800m	M	
100	15:40		Final Boys 14 800m	M	
101	15:45		Final Girls 15 800m	M	
102	15:50		Final Boys 15 800m	M	
103	15:55		Final Girls 17 800m	M	
104	16:00		Final Boys 17 800m	M	
105	16:05		Final Girls 19 800m	M	
106	16:10		Final Boys 19 800m	M	
107	16:15		Final Boys 15 5000m Walk	M	
108	16:30		Final Boys 19 Discus	L	1.75kg
109	16:55		Final Girls 15 5000m Walk	M	
110	17:00	B	Final Boys 17 Hammer	M	5kg
111	17:00	B	Final Girls 14 LongJump	M	
112	17:25		Final Girls 17 Discus	M	1kg
113	17:40		Final Boys 19 5000m	M	
114	18:00		Final Girls 19 10000m Walk	M	
115	18:00	C	Final Boys 14 TripleJump	M	
115	18:00	C	Final Boys 15 TripleJump	M	
116	18:30		Final Girls 19 Discus	M	1kg
117	18:30	A	Final Girls 19 TripleJump	M	
117	18:30	C	Final Girls 19 TripleJump	L	
118	19:30		Final Boys 19 10000m Walk	M	
118	19:30		Final Boys 19 10000m Walk	L	

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185 20:15

Final Boys 14 5000m Walk

M

**Meeting :WWS-WC HIGH & LSEN SCHOOLS CHAMPIONSHIPS  
2026/03/13 to 2026/03/14 at COETZENBURG, STELLENBOSCH**

## START OF DAY 2

119	07:30		Final Boys 19 5000m	L	
10	08:00		Final Girls 19 Discus	L	1kg
120	08:00		Final Girls 17 3000m	M	
121	08:00		Final Girls 14 Discus	M	1kg
122	08:00		Final Boys 14 Polevault	M	
123	08:00		Final Girls 19 Javelin	L	600g
124	08:00	B	Final Boys 17 Shotput	M	5kg
125	08:00	B	Final Boys 17 HighJump	M	
126	08:00	A	Final Girls 19 LongJump	M	
127	08:00	B	Final Boys 17 TripleJump	M	
128	08:00	A	Final Girls 17 Shotput	M	3kg
129	08:25		Heat 1 of 2 Girls 14 90m Hurdles	M	(Final=186) 76.2cm
130	08:35		Heat 1 of 2 Girls 15 90m Hurdles	M	(Final=187) 76.2cm
131	08:45	B	Final Boys 14 HighJump	M	
131	08:45	B	Final Boys 15 HighJump	M	
132	08:55		Heat 1 of 2 Boys 14 100m Hurdles	M	(Final=188) 84.0cm
133	09:05		Heat 1 of 2 Boys 15 100m Hurdles	M	(Final=190) 84cm
134	09:15		Heat 1 of 2 Girls 17 100m Hurdles	M	(Final=191) 76.2cm
135	09:25		Heat 1 of 2 Girls 19 100m Hurdles	M	(Final=192) 84cm
136	09:30	A	Final Girls 19 Shotput	M	4kg
137	09:30	B	Final Girls 14 TripleJump	M	
137	09:30	B	Final Girls 15 TripleJump	M	
138	09:30		Final Boys 17 Javelin	M	700g
139	09:30	A	Final Girls 17 HighJump	M	
140	09:35		Heat 1 of 2 Boys 17 110m Hurdles	M	(Final=193) 91.4cm
141	09:45		Heat 1 of 2 Boys 19 110m Hurdles	M	(Final=194) 99.5cm
142	09:50		Final Girls 13 200m	L	
143	09:55		Final Boys 13 200m	L	
144	10:00		Final Girls 14 200m	L	
145	10:00		Final Boys 15 Discus	M	1kg
146	10:00		Final Girls 14 Polevault	M	
147	10:05		Final Boys 14 200m	L	
149	10:15		Final Boys 15 200m	L	
150	10:20		Final 1 of 2 Girls 17 200m	L	(No final)
151	10:25		Final 1 of 2 Boys 17 200m	L	(No final)
152	10:30		Final 1 of 2 Girls 19 200m	L	(No final)
153	10:35		Final 1 of 2 Boys 19 200m	L	(No final)
154	10:40		Final Boys 14 3000m	M	
155	10:40		Final Boys 15 3000m	M	
156	10:50		Final Girls 14 800m	L	
157	10:55		Final Girls 15 800m	L	
158	11:00		Final Boys 14 800m	L	
159	11:00		Final Boys 15 800m	L	
160	11:00	B	Final Boys 19 TripleJump	M	
161	11:00		Final Boys 14 Javelin	M	600g
161	11:00		Final Boys 15 Javelin	M	600g
162	11:00		Final Boys 19 HighJump	M	
163	11:05		Final Girls 17 800m	L	
164	11:10		Final Boys 17 800m	L	

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165	11:15		Final Girls 19 800m	L	
166	11:20		Final Boys 19 800m	L	
167	11:25		Final Boys 17 3000m	L	
168	11:30		Final Boys 14 Discus	M	1kg
169	11:35		Final Boys 17 3000m	M	
170	11:45		Heat 1 of 2 Girls 14 400m	M	(Final=216)
171	11:50		Heat 1 of 2 Boys 14 400m	M	(Final=217)
172	11:55		Heat 1 of 2 Girls 15 400m	M	(Final=218)
173	12:00		Final 1 of 2 Boys 15 400m	L	(No final)
173	12:00		Heat 1 of 2 Boys 15 400m	M	(Final=219)
174	12:00		Final Boys 19 Polevault	M	
175	12:05		Heat 1 of 2 Girls 17 400m	M	(Final=220)
176	12:10		Heat 1 of 2 Boys 17 400m	M	(Final=221)
177	12:15		Heat 1 of 2 Girls 19 400m	M	(Final=222)
178	12:20		Heat 1 of 2 Boys 19 400m	M	(Final=223)
179	12:25		Final Boys 17 2000m SteepleChase	M	91.4cm
180	12:30		Final Girls 19 Javelin	M	600g
181	12:30	B	Final Girls 17 TripleJump	M	
182	12:30	A	Final Boys 14 LongJump	M	
182	12:30	A	Final Boys 15 LongJump	M	
183	12:35		Final Girls 17 2000m SteepleChase	M	76.2cm
184	12:45		Final Girls 14 3000m	M	
185	12:45		Final Girls 15 3000m	M	
186	12:55		Final Girls 14 90m Hurdles	M	76.2cm
187	13:00		Final Girls 15 90m Hurdles	M	76.2cm
188	13:05		Final Boys 14 100m Hurdles	M	84.0cm
189	13:05		Final Boys 15 Discus	L	1kg
190	13:10		Final Boys 15 100m Hurdles	M	84cm
191	13:15		Final Girls 17 100m Hurdles	M	76.2cm
192	13:20		Final Girls 19 100m Hurdles	M	84cm
193	13:25		Final Boys 17 110m Hurdles	M	91.4cm
194	13:30		Final Boys 19 110m Hurdles	M	99.5cm
195	13:37		Heat 1 of 2 Girls 14 200m	M	(Final=236)
196	13:44		Heat 1 of 2 Boys 14 200m	M	(Final=237)
197	13:51		Final 1 of 2 Girls 15 200m	L	(No final)
197	13:51		Heat 1 of 2 Girls 15 200m	M	(Final=238)
198	13:58		Heat 1 of 2 Boys 15 200m	M	(Final=239)
199	14:00		Final Girls 17 Javelin	M	500g
200	14:00		Final Boys 17 Polevault	M	
201	14:00	A	Final Girls 17 Javelin	L	500g
202	14:00	A	Final Girls 15 LongJump	M	
203	14:05		Heat 1 of 2 Girls 17 200m	M	(Final=240)
204	14:12		Heat 1 of 2 Boys 17 200m	M	(Final=241)
205	14:19		Heat 1 of 2 Girls 19 200m	M	(Final=242)
206	14:26		Heat 1 of 2 Boys 19 200m	M	(Final=243)
207	14:30		Final Boys 17 Discus	M	1.5kg
208	14:33		Final Girls 14 1500m	M	
209	14:39		Final Boys 14 1500m	M	
210	14:45		Final Girls 15 1500m	M	
211	14:50		Final Boys 15 1500m	M	
212	14:56		Final Girls 17 1500m	M	

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213	15:02	Final Boys 17 1500m	M	
214	15:08	Final Girls 19 1500m	M	
215	15:14	Final Boys 19 1500m	M	
216	15:20	Final Girls 14 400m	M	
217	15:25	Final Boys 14 400m	M	
218	15:30	Final Girls 15 400m	M	
219	15:35	Final Boys 15 400m	M	
220	15:40	Final Girls 17 400m	M	
221	15:45	Final Boys 17 400m	M	
222	15:50	Final Girls 19 400m	M	
223	15:55	Final Boys 19 400m	M	
224	16:00	Final Boys 14 Discus	L	1kg
224	16:00	Final Boys 17 Discus	L	1.5kg
225	16:00	Final Girls 14 1500m SteepleChase	M	
226	16:00	Final Girls 15 1500m SteepleChase	M	
227	16:10	Final Boys 14 1500m SteepleChase	M	
228	16:10	Final Boys 15 1500m SteepleChase	M	
229	16:20	Final 1 of 2 Girls 15 400m	L	(No final)
230	16:20	Final Girls 14 400m	L	
231	16:25	Final Boys 14 400m	L	
232	16:30	Final 1 of 2 Girls 17 400m	L	(No final)
233	16:35	Final 1 of 2 Boys 17 400m	L	(No final)
234	16:40	Final Girls 19 400m	L	
235	16:45	Final 1 of 2 Boys 19 400m	L	(No final)
236	16:50	Final Girls 14 200m	M	
237	16:55	Final Boys 14 200m	M	
238	17:00	Final Girls 15 200m	M	
239	17:05	Final Boys 15 200m	M	
240	17:10	Final Girls 17 200m	M	
241	17:15	Final Boys 17 200m	M	
242	17:20	Final Girls 19 200m	M	
243	17:25	Final Boys 19 200m	M	
244	17:30	Final Girls 19 3000m SteepleChase	M	
244	17:45	Final Boys 19 3000m SteepleChase	M	
245	18:00	Final Girls 19 4x100m Relay	L	
246	18:05	Final Boys 19 4x100m Relay	L	
247	18:10	Final Girls 19 1234 Swedish Relay	M	
248	18:20	Final Boys 19 1234 Swedish Relay	M	