

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Starters sheets (Track Events)****Final Girls 19 5000m Walk 07:00 101**

1	457	MOKGWATJANA KOKETJO	GAUTENG
2	8	DIAMOND ELIHLE	EASTERN CAPE
3	1538	COETZEE ELRI	WESTERN CAPE
4	454	MNISI KAMOGELO	GAUTENG
5	1312	SEKWA KEOBOKILE	NORTH WEST
6	449	MAMELLO KGOLE	GAUTENG
7	847	MZIMBA AMAHLE	KWA-ZULU NATAL

Final Boys 17 5000m Walk 07:45 102

1	82	MOPP BAREND	EASTERN CAPE
2	70	MATHOKAZI AVUZWA	EASTERN CAPE
3	250	KOLOI KATLEGO	FREE STATE
4	873	MASUKU LULAMA	KWA-ZULU NATAL
5	1709	SEPTEMBER NHLANGANIPHO	WESTERN CAPE
6	1363	MOATSHE CHRIS	NORTH WEST
7	606	NKOSI KGOTSO	GAUTENG

Final Girls 15 5000m Walk 08:30 106

1	412	CEFILE SIMNIKIWE	GAUTENG
2	1292	JANSE VAN VUUREN LOLANI	NORTH WEST
3	42	WEITZ NATASHA	EASTERN CAPE
4	1604	THOMPSON JEANNE	WESTERN CAPE
5	833	BUTHELEZI LWANDILE	KWA-ZULU NATAL
6	845	MKHWANAZI AYANDA	KWA-ZULU NATAL

Final Girls 15 90m Hurdles 09:15 76.2cm 110

SASA: 12.39 (K-VD BERGH, NW, 29 MAR 2017)

Final Girls 17 100m Hurdles 09:20 76.2cm 111

SASA: 13.38 (M-THERON, MPU, 1999)



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Final Boys 15 100m Hurdles	09:25	84cm	112
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SASA: 12.86 (A-DOUWIE, NW, 25 MAR 2015)

Final Girls 19 100m Hurdles	09:30	84cm	115
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SASA: 13.81 (M-BALSAMO, BOL, 22 MAR 2002)

Final Boys 17 110m Hurdles	09:35	91.4cm	116
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SASA: 13.38 (S-PIENAAR, BOL, 22 MAR 2002)



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Final Boys 19 110m Hurdles	09:40	99.5cm	117
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SASA: 13.49 (M-TLADI, GP, 16 MAR 2016)

Final Girls 15 400m	09:50		118
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SASA: 0:54.73 (A-NAUDE, KZN, 29 MAR 2017) / LSEN: 0:58.74

Final Boys 15 400m	09:56		119
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SASA: 0:47.99 (Lythe-PILLAY, GP, 21 MAR 2018) / LSEN: 0:53.75 (T-MOKOENA, FS, 25 MAR 2015) (M-LEDWABA, Co, LIM, 21 MAR 2018)



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Final Girls 17 400m**10:02****120**

SASA: 0:53.84 (C-HATTINGH, GP, 21 MAR 2018) / LSEN: 0:57.55 (M-WOLHUTER, WC, 26 MAR 2011)

Final Boys 17 400m**10:08****121**

SASA: 0:46.20 (Z-SOKWAKHANA, GP, 29 MAR 2017) / LSEN: 0:49.62 (H-DINGILE, GP, 23 MAR 2019)

Final Girls 19 400m**10:14****125**

SASA: 0:53.51 (Justine-PALFRAMAN, KZN, 29 MAR 2012) / LSEN: 0:58.70



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Final Boys 19 400m	10:20	126
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SASA: 0:46.20 (Z-SOKWAKHANA, GP, 29 MAR 2017) / LSEN: 0:49.40

Final Boys 15 400m LSEN	10:26	127
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Final Girls 15 400m LSEN	10:31	128
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**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
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Final Boys 17 400m LSEN	10:36	129
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Final Girls 17 400m LSEN	10:41	130
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Final Boys 19 400m LSEN	10:46	131
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Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
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Final Girls 19 400m LSEN	10:51	132
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Final Girls 15 1500m	11:00	133
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SASA: 04:24.21 (Prudence-SEKGODISO, GP, 29 MAR 2017) / LSEN: 04:51.30

Final Boys 15 1500m	11:08	134
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SASA: 03:58.44 (M-MASEKO, MPU, 2000) / LSEN: 04:06.10

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Final Girls 17 1500m****11:16****135****SASA: 04:18.05 (Rene-KALMER, RSA, 28 JUN 1997) / LSEN: 04:37.40**

1	480	PRETORIUS LEANDRI	GAUTENG
2	478	PONI ASIKELELA	GAUTENG
3	955	TSHIVHASE EDZISANI	LIMPOPO
4	1308	RADEMAN LIANDRI	NORTH WEST
5	849	NGUBO INGANATHI	KWA-ZULU NATAL
6	439	KLEYNHANS MEGAN	GAUTENG
7	188	MOHATLHANE DESIRE	FREE STATE
8	426	DU TOIT MIKYLA-ANEMIE	GAUTENG
9	27	MOJAKI SIPHOKAZI	EASTERN CAPE
10	1548	FOURIE KATERIEN	WESTERN CAPE
11	180	KRUGER LIESA	FREE STATE
12	440	KRIEL LIANDRI	GAUTENG

Final Boys 17 1500m**11:24****136****SASA: 03:48.95 (D-HLASELO, FS, 01 APR 2006) / LSEN: 04:05.70****Final Girls 19 1500m****11:32****137****SASA: 04:18.05 (René-KALMER, RSA, 1997) / LSEN: 04:51.75**

1	844	MJWARA THEMBEKILE	KWA-ZULU NATAL
2	846	MNTUNGWA ANELE	KWA-ZULU NATAL
3	1304	MOROBANE TEBOGO	NORTH WEST
4	936	MOGANO ANDREA	LIMPOPO
5	914	HLONGWANE LERATO	LIMPOPO
6	930	MARINDI LAURIKA	LIMPOPO
7	492	SMIT MINJUNET	GAUTENG
8	170	GUNTHER ANKE	FREE STATE
9	518	VISMER-BARTMAN LISA	GAUTENG
10	401	BALOYI ANGEL	GAUTENG
11	1613	VERBREEK WILMIEN	WESTERN CAPE
12	34	SCHENK LEILA	EASTERN CAPE

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Final Boys 19 1500m****11:40****141****SASA: 03:47.30 (J-VAN DEVENTER, SGP, 31 MAR 2001) / LSEN: 04:00.07**

1	890	THABEDE AYANDA	KWA-ZULU NATAL
2	1634	DANIELS WILLMARK	WESTERN CAPE
3	1496	RAFUBE CHAHIEF	NORTHERN CAPE
4	1189	NGOZO KWAZI	MPUMALANGA
5	1361	MLOMPI IKANYENG	NORTH WEST
6	959	BALOYI ROBZEN	LIMPOPO
7	623	RATHWAKGA KENNETH	GAUTENG
8	584	MOKASI TLHALEFANG	GAUTENG
9	565	LETSOALO KEAMOGETSWE	GAUTENG
10	603	NDLOVU ZAMANI	GAUTENG
11	886	NGEMA AMAHLE	KWA-ZULU NATAL
12	49	DAYI HLELA	EASTERN CAPE
13	58	JOLA ENDINAKO	EASTERN CAPE
14	861	DLAMINI SYANDA	KWA-ZULU NATAL
15	1715	SWANEPOEL NAHUM	WESTERN CAPE
16	230	BOSSERT GERHARDT	FREE STATE
17	282	MOKOENA TEBHOHO	FREE STATE
18	289	MOROU TUMANE	FREE STATE

Final Girls 13 100m LSEN**11:50****145****Final Boys 13 100m LSEN****11:55****146**



Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
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Final Girls 15 100m	12:00	147
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SASA: 11.74 (Nicola-DE BRUYN, GP, 27 MAR 2014) / LSEN: 12.60

Final Boys 15 100m	12:05	148
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SASA: 10.57 (D-PHARO, EC, 21 MAR 2018) / LSEN: 11.42

Final Girls 17 100m	12:10	149
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SASA: 11.58 (N-MKENKU, RSA, 30 JUN 2006) / LSEN: 12.70



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Final Boys 17 100m	12:15	150
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SASA: 10.18 (M-MOHAMMED, GP, 21 MAR 2018) / LSEN: 11.06

Final Girls 19 100m	12:20	151
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SASA: 11.58 (N-MKENKU, RSA, 30 JUN 2006) / LSEN: 12.35

Final Boys 19 100m	12:25	152
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SASA: 10.20 (W-MABENA, LIM, 21 MAR 2018) / LSEN: 10.75



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Final Girls 15 100m LSEN	12:30	153
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Final Boys 15 100m LSEN	12:40	154
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Final Girls 17 100m LSEN	12:45	155
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Final Boys 17 100m LSEN	12:50	156
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Final Girls 19 100m LSEN	12:55	157
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Final Boys 19 100m LSEN	13:00	158
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**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
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Final Girls 17 2000m SteepleChase**13:10****159****SASA: 06:43.90 (C-DU PREEZ, NW, 29 MAR 2017)**

1	23	MAYEZA INAM	EASTERN CAPE
2	173	JAMPI ITUMELENG	FREE STATE
3	848	NCWANE KWANELE	KWA-ZULU NATAL
4	851	NXASANE APHIWE	KWA-ZULU NATAL
5	1300	MODISE MATHAPELO	NORTH WEST
6	188	MOHATLHANE DESIRE	FREE STATE
7	204	POTGIETER PETRA	FREE STATE
8	495	SOMPANE BOITUMELO	GAUTENG
9	1537	CAWOOD CAITLYN	WESTERN CAPE
10	1602	STRYDOM GIZE	WESTERN CAPE
11	421	DORAN JADE	GAUTENG
12	446	LOURENS ZANTA	GAUTENG
13	201	PIENAAR CELESTE	FREE STATE
14	1545	ERASMUS SELMARIE	WESTERN CAPE

Heat 1 of 2 Girls 15 800m**13:25****160****SASA: 2:08.14 (L-COETZEE, SGT, 2000) / LSEN: 2:26.37 (L-MADUMA, NW, 29 MAR 2012)**

1	928	MAPHANKA THEKGO	LIMPOPO
2	1140	MLAMBO ZUZOKUHLE	MPUMALANGA
3	207	REINDERS TAYLOR	FREE STATE
4	214	SWANPOEL MARIZAAAN	FREE STATE
5	1590	PHOLMAN ANGELL	WESTERN CAPE
6	434	HARRIS XANTE	GAUTENG
7	443	LEGODI KAMOGELO	GAUTENG
8	1560	KEMPEN LUCIA	WESTERN CAPE
9	1291	JANSE VAN RENSBURG KAYLIN	NORTH WEST
10	1314	SMITH MNUSHKE	NORTH WEST

Heat 2 of 2 Girls 15 800m**13:25****160****SASA: 2:08.14 (L-COETZEE, SGT, 2000) / LSEN: 2:26.37 (L-MADUMA, NW, 29 MAR 2012)**

1	937	MOLABISANO PATRICIA	LIMPOPO
2	1153	SITHEBE SISANDA	MPUMALANGA
3	194	MTOLO MANANA	FREE STATE
4	171	HUGO ELNE	FREE STATE
5	506	VAN DEN BERG LIZE-MARI	GAUTENG
6	3	BEBEZA KUHLE	EASTERN CAPE
7	1564	KRIEK MIA	WESTERN CAPE
8	224	VILJOEN EMILY	FREE STATE
9	839	JALI ASENATHI	KWA-ZULU NATAL
10	1464	VAN ROOY AMBER	NORTHERN CAPE

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2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 1 of 2 Boys 15 800m****13:35****166****SASA: 1:52.66 (Garrick-REES, GP, 20 MAR 2019) / LSEN: 1:59.00**

2	81	MONI ZUKHANYE	EASTERN CAPE
3	865	GROBLER EWAN	KWA-ZULU NATAL
4	1355	MACKLEIN UNITY	NORTH WEST
5	1660	JACOBS JAMAUL	WESTERN CAPE
6	1724	VAN DER WERF ALEXANDER	WESTERN CAPE
7	622	QHOISA BOHANG	GAUTENG
8	324	VAN ZYL DEON	FREE STATE
9	1007	MUROA SETJAKADUME	LIMPOPO

Heat 2 of 2 Boys 15 800m**13:35****166****SASA: 1:52.66 (Garrick-REES, GP, 20 MAR 2019) / LSEN: 1:59.00**

3	875	MAZIBUKO SIYANDA	KWA-ZULU NATAL
4	1186	MSIZA KOOS	MPUMALANGA
5	631	SHONGWE KATLEGO	GAUTENG
6	1721	TROLLIP HOSEA	WESTERN CAPE
7	575	MASEBE LETHOBISA	GAUTENG
8	69	MARTINS ENDINAKO	EASTERN CAPE
9	1002	MPHAGA MUTSHIDZI	LIMPOPO

Heat 1 of 2 Girls 17 800m**13:45****167****SASA: 2:06.21 (M-STANDER, GP, 29 MAR 2012) / LSEN: 2:15.90**

2	431	FOURIE TIYANI	GAUTENG
3	1131	HOLTZHAUZEN DANICA	MPUMALANGA
4	1589	PAYNE HANNAH	WESTERN CAPE
5	427	DUKOFF-GORDON CAITLYN	GAUTENG
6	1458	MATTHEWSON CHARLOTTE	NORTHERN CAPE
7	1599	STEENKAMP ELLA	WESTERN CAPE
8	426	DU TOIT MIKYLA-ANEMIE	GAUTENG
9	1303	MONARE KGALALELO	NORTH WEST

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2	439	KLEYNHANS MEGAN	GAUTENG
3	20	MALHERBE PASCALE	EASTERN CAPE
4	180	KRUGER LIESA	FREE STATE
5	1610	VAN TONDER DANELLE	WESTERN CAPE
6	1582	NEL JESSE	WESTERN CAPE
7	440	KRIEL LIANDRI	GAUTENG
8	204	POTGIETER PETRA	FREE STATE
9	923	MAHLATSE MANYISA	LIMPOPO

Heat 1 of 2 Boys 17 800m**13:55****168****SASA: 1:49.30 (L-HADEBE, SCN, 1997) / LSEN: 1:54.25 (H-DINGILE, GP, 23 MAR 2019)**

1	1470	BOOYSE RIVANO	NORTHERN CAPE
2	1032	TJALE KADIMONYANE	LIMPOPO
3	1341	HAVENGA NATHAN	NORTH WEST
4	257	LETSOAKA NEO	FREE STATE
5	597	MUNYAI SINETHEMBA	GAUTENG
6	1728	VAN WYK ANDREW	WESTERN CAPE
7	608	NTLEMO NTSAKO	GAUTENG
8	297	NORTJE JURGEN	FREE STATE
9	885	NGCOBO NHLONIPHO	KWA-ZULU NATAL

Heat 2 of 2 Boys 17 800m**13:55****168****SASA: 1:49.30 (L-HADEBE, SCN, 1997) / LSEN: 1:54.25 (H-DINGILE, GP, 23 MAR 2019)**

1	582	MOGOSHANE AMOGELANG	GAUTENG
2	860	DLAMINI LUSANDA	KWA-ZULU NATAL
3	255	LEPHUTING PERONI	FREE STATE
4	1364	MOENG AMOGELANG	NORTH WEST
5	76	MNCWABANE MTHOBELENI	EASTERN CAPE
6	1719	THYSSEN AJ	WESTERN CAPE
7	643	VAN DER WALT TIAAN	GAUTENG
8	292	MOTAUNG LEHLOHONOLO	FREE STATE
9	1006	MULAUDZI ADIVHAHO	LIMPOPO

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3	959	BALOYI ROBBEN	LIMPOPO
4	1376	PHUTIAGAE TSHIRELETSO	NORTH WEST
5	572	MAKHUTJA BOIFANG	GAUTENG
6	1665	JORDAAN MATT	WESTERN CAPE
7	652	VIVIERS RUANDRE	GAUTENG
8	286	MORAKE TSHEPISO	FREE STATE
9	1033	TSHIKANE OMPHIKE	LIMPOPO

Heat 2 of 2 Boys 19 800m**14:15****170****SASA: 1:47.10 (B-MGEMANE, FS, 27 MAR 2004) / LSEN: 1:56.30**

3	62	LANDMAN JANCO	EASTERN CAPE
4	1347	KEGAKILWE ATLEGANG	NORTH WEST
5	1711	SIMPSON JESSE	WESTERN CAPE
6	620	PRETORIUS WERNO	GAUTENG
7	1715	SWANEPOEL NAHUM	WESTERN CAPE
8	1189	NGOZO KWAZI	MPUMALANGA
9	861	DLAMINI SYANDA	KWA-ZULU NATAL

Final Boys 17 3000m**14:40****172****SASA: 08:17.19 (D-HLASELO, RSA, 30 NOV 2005) / LSEN: 08:15.72 (B-MTUNGWA, GP, 26 MAR 2011)**

1	75	MLOBOTHI LUZUKO	EASTERN CAPE
2	85	NDABENI NANDA	EASTERN CAPE
3	893	ZULU SCELIMPILO	KWA-ZULU NATAL
4	980	MAHLO ITUMELENG	LIMPOPO
5	1482	LEKWENE MOTHEO	NORTHERN CAPE
6	1172	KUNENE OWETHU	MPUMALANGA
7	607	NOAH JUNIOR	GAUTENG
8	1491	MTOMBO REATLEGILE	NORTHERN CAPE
9	1203	THANJEKWAYO GUGULETHU	MPUMALANGA
10	1335	DANISA TSHEPISO	NORTH WEST
11	87	NODANGALA SANELIZWI	EASTERN CAPE
12	884	NENE BAYANDA	KWA-ZULU NATAL
13	1025	SELEKA JOHN	LIMPOPO
14	973	LEGONG KERATILWE	LIMPOPO
15	276	MOELETSALE LEFA	FREE STATE
16	67	MANCI PHILASANDE	EASTERN CAPE
17	1678	MBULAWA LISAKHANYA	WESTERN CAPE
18	293	MOTAUNG KATLEHO	FREE STATE
19	530	BROOKS TYRAN	GAUTENG
20	577	MGANU BULELA	GAUTENG
21	1708	SCHOUW JOSHUA	WESTERN CAPE
22	1635	DE BRUIN BREYTON	WESTERN CAPE

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4	340	SCOTT DUNAY	FREE STATE LSEN
5	673	FERRIS SIENNA	GAUTENG LSEN
6	897	MAJOLA SIYAMTHANDA	KWA-ZULU NATAL LSEN
7	1768	KOTZE MARILEY	WESTERN CAPE LSEN
8	1216	MATHEBULA HLULILE	MPUMALANGA LSEN

Heat 2 of 2 Girls 13 200m LSEN**14:55****173**

4	730	THANDISWA LIHLE	GAUTENG LSEN
5	722	RAMADI MARIA	GAUTENG LSEN
6	661	CALENI SANELE	GAUTENG LSEN
7	712	NKABINI LETHU	GAUTENG LSEN
8	1745	BENJAMIN ASHIQUE	WESTERN CAPE LSEN

Heat 1 of 3 Boys 13 200m LSEN**15:03****176**

2	1825	FRANSE MARSHALL	WESTERN CAPE LSEN
3	1085	MAKWELA GOMOLEMO	LIMPOPO LSEN
4	1079	MAGADI MAREMA	LIMPOPO LSEN
5	814	SIBIYA SAMUKELO	GAUTENG LSEN
6	755	JUNIOR NKUNA	GAUTENG LSEN
7	366	MAZIBUKO NJABULO	FREE STATE LSEN
8	1083	MAKGATI HLOKOMELO	LIMPOPO LSEN

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3	1876	VENTER PIETER	WESTERN CAPE LSEN
4	1112	NGAKA POTSO	LIMPOPO LSEN
5	1420	LENGANA LETHABO	NORTH WEST LSEN
6	1432	MPALWENI VUYANE	NORTH WEST LSEN
7	1255	MOHLAPHO ANDILE	MPUMALANGA LSEN
8	1842	KRUGER TYLER (DEAF)	WESTERN CAPE LSEN

Heat 3 of 3 Boys 13 200m LSEN**15:03****176**

3	1096	MELLO THABANG	LIMPOPO LSEN
4	753	JANAROS BLESSING	GAUTENG LSEN
5	387	SCHMITT NEVINN	FREE STATE LSEN
6	766	MABE TSHIAMISO	GAUTENG LSEN
7	382	PHOOFOLLO RETHABILE	FREE STATE LSEN
8	1855	OERSON ETHAN	WESTERN CAPE LSEN

Heat 1 of 3 Girls 15 200m**15:11****177****SASA: 24.25 (I-ROSSOUW, NW, 1995) / LSEN: 25.50**

3	838	HOOGENDYK MELIZE	KWA-ZULU NATAL
4	1138	MASHOOD RIYANAT	MPUMALANGA
5	190	MOMBERG MIENJE	FREE STATE
6	19	MAKINANA YONELA	EASTERN CAPE
7	226	ZIEGLER CARMOND	FREE STATE
8	1448	BYLSMA DUNAY	NORTHERN CAPE

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3	481	PRINSLOO DENE	GAUTENG
4	927	MALOBA KAMOGELO	LIMPOPO
5	952	THAMAGA ELISA	LIMPOPO
6	1524	ADAMSON LAMICAH	WESTERN CAPE
7	1151	SCHUCK ANZEL	MPUMALANGA
8	852	PHAKATHI ZEKHETHELO	KWA-ZULU NATAL

Heat 3 of 3 Girls 15 200m**15:11****177****SASA: 24.25 (I-ROSSOUW, NW, 1995) / LSEN: 25.50**

3	831	ANDERSON SKY-SHAE	KWA-ZULU NATAL
4	1148	RENAUD LILY	MPUMALANGA
5	485	SAUNDERS TATUM	GAUTENG
6	1586	OWIES SHASSA-LEE	WESTERN CAPE
7	1531	BOTHA MEGAN	WESTERN CAPE
8	1449	CORNELISSEN KALICA	NORTHERN CAPE

Heat 1 of 3 Boys 15 200m**15:25****178****SASA: 21.79 (J-WEBER, WC, 16 MAR 2016) / LSEN: 21.80**

2	253	LABUSCHAGNE LUHAN	FREE STATE
3	982	MAKAMU HLAYISANI	LIMPOPO
4	1478	HUGO KEANU	NORTHERN CAPE
5	1681	MICHAELS ZION LEE	WESTERN CAPE
6	564	LETEBELE KAMOHELO	GAUTENG
7	323	VAN EEDEN TIAGO	FREE STATE
8	45	BAARTMAN ROEDOLF	EASTERN CAPE

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2	1379	SCHWIM XANDER	NORTH WEST
3	1507	WEBB AHSLEIGH	NORTHERN CAPE
4	269	MARUMO HLHONOLOFATSO	FREE STATE
5	105	VERRYNE JASON	EASTERN CAPE
6	556	KALALA ANDY	GAUTENG
7	1377	PULLEN DIVAN	NORTH WEST
8	1014	RALEFA LETHABO	LIMPOPO

Heat 3 of 3 Boys 15 200m**15:25****178****SASA: 21.79 (J-WEBER, WC, 16 MAR 2016) / LSEN: 21.80**

3	290	MOSHODI KATLEGO	FREE STATE
4	261	MAHAHLE KAMOHELO	FREE STATE
5	79	MOKHATI OMPHILE	EASTERN CAPE
6	525	BENN CODY	GAUTENG
7	1712	SMALL JAYDEN	WESTERN CAPE
8	1481	KLEIN OZUL	NORTHERN CAPE

Heat 1 of 3 Girls 17 200m**15:37****179****SASA: 23.57 (Charne-VERMEULEN, GP) / LSEN: 25.80**

2	1452	JANNETJIES JAY-LENE	NORTHERN CAPE
3	1136	LOURENS MEGAN	MPUMALANGA
4	149	BOTHA MIENKE	FREE STATE
5	415	COBBETT TAYLAH	GAUTENG
6	464	NDUBUEZE OLUCHI	GAUTENG
7	14	HOLSTER ROCHINIQUE	EASTERN CAPE
8	920	LERUTLA MOSEGANABO	LIMPOPO

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 3 Girls 17 200m****15:37****179****SASA: 23.57 (Charne-VERMEULEN, GP) / LSEN: 25.80**

2	1461	VAN DER LINDE MCKAYLA	NORTHERN CAPE
3	1125	BREFO ANGELA	MPUMALANGA
4	153	CAMPHER REANE	FREE STATE
5	491	SMIT MIKAYLA	GAUTENG
6	11	ESSOP KEEZIAH	EASTERN CAPE
7	913	HILIZA TUMELO	LIMPOPO
8	850	NJAPHA PHILASANDE	KWA-ZULU NATAL

Heat 3 of 3 Girls 17 200m**15:37****179****SASA: 23.57 (Charne-VERMEULEN, GP) / LSEN: 25.80**

2	853	REED SARAH	KWA-ZULU NATAL
3	1316	TANNOUS AVA	NORTH WEST
4	1525	ADRIAANSE ZANIQA	WESTERN CAPE
5	152	BURGER LILLY	FREE STATE
6	1559	KAYSER CHARNE	WESTERN CAPE
7	509	VAN DER WESTHUYZEN EMMA-LEE	GAUTENG
8	836	FRANCIS KIRSTEN	KWA-ZULU NATAL

Heat 1 of 4 Boys 17 200m**15:50****180****SASA: 20.77 (Sinesipho-DAMBILE, GP, 20 MAR 2019) / LSEN: 22.20**

1	532	BUTLER MOHAMMED	GAUTENG
2	868	KHAN MASON	KWA-ZULU NATAL
3	1488	MITCHELL DARIANO	NORTHERN CAPE
4	1359	MC ASLIN DEAN	NORTH WEST
5	601	NDIKO SBUSISO	GAUTENG
6	1668	KAYSTER MARLON	WESTERN CAPE
7	557	KANDIRA CALVIN	GAUTENG
8	94	QABAKA AXOLA	EASTERN CAPE

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 4 Boys 17 200m****15:50****180****SASA: 20.77 (Sinesipho-DAMBILE, GP, 20 MAR 2019) / LSEN: 22.20**

2	1208	ZULU SITHULI	MPUMALANGA
3	1483	LOSPER WALDRIN	NORTHERN CAPE
4	249	KAPTEIN MICHAILE	FREE STATE
5	1508	WILLIAMS LIVIWE	NORTHERN CAPE
6	1732	VERMEULEN ASHTON	WESTERN CAPE
7	231	BOWER NATHAN	FREE STATE
8	1016	RAPHELA KGAUGELO	LIMPOPO

Heat 3 of 4 Boys 17 200m**15:50****180****SASA: 20.77 (Sinesipho-DAMBILE, GP, 20 MAR 2019) / LSEN: 22.20**

2	1490	MOSIENYANE KOPANO	NORTHERN CAPE
3	857	ABRAHAMS NEO	KWA-ZULU NATAL
4	256	LESHOTHO KAGISHO	FREE STATE
5	1479	JAFTHA NATE	NORTHERN CAPE
6	1648	FOURIE JAYDEN	WESTERN CAPE
7	985	MALEKA PITSENG	LIMPOPO
8	258	LITCHFIELD ETHAN	FREE STATE

Heat 4 of 4 Boys 17 200m**15:50****180****SASA: 20.77 (Sinesipho-DAMBILE, GP, 20 MAR 2019) / LSEN: 22.20**

2	546	EHIRIM CHUBUNNA	GAUTENG
3	995	MOGALE AMOGELANG	LIMPOPO
4	1331	BLIGNAUT JEAN-PIERRE	NORTH WEST
5	99	SIKUKAZI KWANDA	EASTERN CAPE
6	1618	AFRICA MICAH	WESTERN CAPE
7	589	MOLEFE MOLEFE	GAUTENG
8	1368	MOSEKI ONTIRETSE	NORTH WEST

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 1 of 2 Girls 19 200m****16:00****181****SASA: 23.93 (C-MOSIME, GP, 21 MAR 2018) / LSEN: 23.76**

1	424	DU PLOOY LUANNE	GAUTENG
2	1446	BENNETTE KATELYNN	NORTHERN CAPE
3	921	MABASO RISUNA	LIMPOPO
4	17	LAMPRECHT IZAAN	EASTERN CAPE
5	159	CROUS ANE	FREE STATE
6	411	BOTHA JESSICA	GAUTENG
7	1529	BASSON KYLIE	WESTERN CAPE
8	471	ODINWAMAKPA ADAORA	GAUTENG

Heat 2 of 2 Girls 19 200m**16:00****181****SASA: 23.93 (C-MOSIME, GP, 21 MAR 2018) / LSEN: 23.76**

1	1456	KRIEL LIE-ANNE	NORTHERN CAPE
2	1457	MAPHEELLE BONTLE	NORTHERN CAPE
3	1294	LEFOKA ROSE	NORTH WEST
4	1536	BROWN CHANLYNNE	WESTERN CAPE
5	1544	DU TOIT ZIA	WESTERN CAPE
6	1609	VAN STADEN MICHE	WESTERN CAPE
7	477	PIENAAR BUHLE	GAUTENG
8	1129	DUBE KHANYI	MPUMALANGA

Heat 1 of 4 Boys 19 200m**16:02****182****SASA: 20.50 (R-ELS, GP, 21 MAR 2018) / LSEN: 21.78**

1	1730	VAN WYK JOSUA	WESTERN CAPE
2	871	MAKHOBHA SIYANDA	KWA-ZULU NATAL
3	990	MASHABA TREVOR TSEGOFATSO	LIMPOPO
4	966	GWANGWA KATLEHO	LIMPOPO
5	1684	NATHAN KEANAN	WESTERN CAPE
6	627	ROWSE LUKE	GAUTENG
7	1202	TEKTEL SUCCESS	MPUMALANGA
8	321	VALENTINE MATTHEW	FREE STATE

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 4 Boys 19 200m****16:02****182****SASA: 20.50 (R-ELS, GP, 21 MAR 2018) / LSEN: 21.78**

1	539	DE BEER VIANDRE	GAUTENG
2	1003	MPHELE KATLEGO	LIMPOPO
3	979	MAHLAKARO PANYA	LIMPOPO
4	591	MOTSAMAI TSHIAMO	GAUTENG
5	602	NDLOVU SIMPHIWE	GAUTENG
6	1176	MALWANE CLINT	MPUMALANGA
7	278	MOHALE THLONOLOFATSO	FREE STATE
8	1502	VAN SENSIE CALEB	NORTHERN CAPE

Heat 3 of 4 Boys 19 200m**16:02****182****SASA: 20.50 (R-ELS, GP, 21 MAR 2018) / LSEN: 21.78**

1	1328	AYUK SHALOM	NORTH WEST
2	1495	PHETLHANE NEO	NORTHERN CAPE
3	1018	SAMIE AHMED TSHEPO	LIMPOPO
4	1011	NUKERI PHILLIP	LIMPOPO
5	537	COOPER DYLAN	GAUTENG
6	308	RASOOL MOHAMMED	FREE STATE
7	1166	DLADLA SANDILE	MPUMALANGA
8	1472	BOTES DARREL	NORTHERN CAPE

Heat 4 of 4 Boys 19 200m**16:02****182****SASA: 20.50 (R-ELS, GP, 21 MAR 2018) / LSEN: 21.78**

1	1499	SQUARE NATHAN	NORTHERN CAPE
2	880	MHLONGO BONOKUHLE	KWA-ZULU NATAL
3	869	MAGWAZA ANDILE	KWA-ZULU NATAL
4	1187	MTHOMBENI KATLEGO	MPUMALANGA
5	1656	HENEKE URLINN	WESTERN CAPE
6	68	MARKS MJ	EASTERN CAPE
7	543	DELPORT PETER	GAUTENG

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 1 of 2 Girls 15 300m Hurdles 16:20 76.2cm 186****SASA: 41.36 (C-TERBLANCHE, WP, 2000)**

2	1449	CORNELISSEN KALICA	NORTHERN CAPE
3	1130	HARTZER DANICKE	MPUMALANGA
4	1593	ROUX IMKE	WESTERN CAPE
5	41	VOSLOO LIENKE	EASTERN CAPE
6	458	MOOLMAN MILANE	GAUTENG
7	226	ZIEGLER CARMOND	FREE STATE
8	1280	DA SILVA DECLYNNE	NORTH WEST

Heat 2 of 2 Girls 15 300m Hurdles 16:20 76.2cm 186**SASA: 41.36 (C-TERBLANCHE, WP, 2000)**

2	932	MAUREEN JOUBERT	LIMPOPO
3	1152	SHONGWE SURPRISE	MPUMALANGA
4	161	DE KOCK ANJE	FREE STATE
5	1554	JANSE VAN NOORDWYK MIA	WESTERN CAPE
6	513	VAN ROOYEN TYLER	GAUTENG
7	1306	PRINS SHINELL	NORTH WEST
8	168	GROENEWALD BEILA	FREE STATE

Heat 1 of 2 Boys 15 300m Hurdles 16:30 84cm 187**SASA: 37.58 (L-MAREE, WC, 27 MAR 2014)**

2	1487	MATTHEWS MARSHALL	NORTHERN CAPE
3	1471	BOOYSEN JACQUAN	NORTHERN CAPE
4	986	MALEKA AMOS	LIMPOPO
5	579	MODISE TLOTLO	GAUTENG
6	1661	JACOBS JENO	WESTERN CAPE
7	1731	VERMEULEN MUJAHID	WESTERN CAPE
8	1188	NEL BERRIE	MPUMALANGA

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 2 Boys 15 300m Hurdles****16:30****84cm****187****SASA: 37.58 (L-MAREE, WC, 27 MAR 2014)**

2	1629	BOLANI LIKHUMA	WESTERN CAPE
3	262	MAHAHLE AMOHELANG	FREE STATE
4	1206	WEBSTER AUSTIN	MPUMALANGA
5	307	RANTSOLASE ORATILE	FREE STATE
6	1378	REYNEKE JACOBUS DAVID	NORTH WEST
7	618	PRETORIUS WIAN	GAUTENG
8	98	ROUX JEANDRE	EASTERN CAPE

Heat 1 of 2 Girls 17 400m Hurdles**16:40****76.2cm****188****SASA: 0:58.01 (G-MORAKE, GP, 21 MAR 2018)**

2	1158	VILJOEN ESMI	MPUMALANGA
3	840	JULIUS ABBIE	KWA-ZULU NATAL
4	1556	JANSE VAN RENSBURG LUME	WESTERN CAPE
5	1570	MARTHINUSSEN CUBIN	WESTERN CAPE
6	508	VAN DER POL LARA	GAUTENG
7	483	RIGELE GEMMA	GAUTENG
8	1319	VAN DEN BERG JANé	NORTH WEST

Heat 2 of 2 Girls 17 400m Hurdles**16:40****76.2cm****188****SASA: 0:58.01 (G-MORAKE, GP, 21 MAR 2018)**

1	931	MASWANGANYI NKHAVHISO	LIMPOPO
2	1451	ERASMUS ERNINE	NORTHERN CAPE
3	36	SCHUIN JUANE	EASTERN CAPE
4	1575	MITCHELL LOGAN-LEE	WESTERN CAPE
5	487	SCHOLTZ CALISTA	GAUTENG
6	1281	DAMOYI LILITHA	NORTH WEST
7	160	DE KOCK MIENKA	FREE STATE
8	1136	LOURENS MEGAN	MPUMALANGA

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 1 of 2 Girls 19 400m Hurdles 16:50 76.2cm 189****SASA: 0:58.49 (Rogail-JOSEPH, WP, 21 MAR 2018)**

3	956	TURNER OLIVA	LIMPOPO
4	7	DE VRIES MEKE	EASTERN CAPE
5	1543	DU TOIT HELEN	WESTERN CAPE
6	200	PIENAAR DANYELLE	FREE STATE
7	219	TRUTER MARI	FREE STATE
8	1135	KRUGER MEGAN	MPUMALANGA

Heat 2 of 2 Girls 19 400m Hurdles 16:50 76.2cm 189**SASA: 0:58.49 (Rogail-JOSEPH, WP, 21 MAR 2018)**

3	1302	MOLWANTWA GOITSEONE	NORTH WEST
4	507	VAN DEN BERG ZIANE	GAUTENG
5	463	NAUDE ANJA-MARIA	GAUTENG
6	436	JENKINS CAYLEN	GAUTENG
7	1605	UYS EMMA	WESTERN CAPE
8	916	JONES MIKA	LIMPOPO

Heat 1 of 2 Boys 17 400m Hurdles 17:00 84cm 190**SASA: 0:50.82 (LJ-VAN ZYL, RSA, 29 MAY 2002)**

3	1204	TSWANGANE ICRONE	MPUMALANGA
4	107	VOIGT DIETER	EASTERN CAPE
5	251	KOTZE JAN-JURGENS	FREE STATE
6	625	ROSSOUW DEACAN	GAUTENG
7	605	NHLAPO SIYABONGA	GAUTENG
8	634	SOMNGESI JUNIOR	GAUTENG

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA****Heat 2 of 2 Boys 17 400m Hurdles** **17:00** **84cm** **190****SASA: 0:50.82 (LJ-VAN ZYL, RSA, 29 MAY 2002)**

3	882	MKHIZE AYANDA	KWA-ZULU NATAL
4	1655	HENDRICKS JASON	WESTERN CAPE
5	1676	MASHIZHA TAFADZWA	WESTERN CAPE
6	1382	TIETUS KEELAN	NORTH WEST
7	1673	LESCH MARCO	WESTERN CAPE
8	1348	KGAMANYANE KARABELO	NORTH WEST

Heat 1 of 2 Boys 19 400m Hurdles **17:10** **91.4cm** **191****SASA: 0:49.36 (Z-SOKWAKHANA, GP, 21 MAR 2018)**

4	1480	JULIE GREGORY	NORTHERN CAPE
5	563	KUNENE NJABULO	GAUTENG
6	967	HAASBROEK JOHAN	LIMPOPO
7	1705	SCHAMBOUA RAEDEN	WESTERN CAPE

Heat 2 of 2 Boys 19 400m Hurdles **17:10** **91.4cm** **191****SASA: 0:49.36 (Z-SOKWAKHANA, GP, 21 MAR 2018)**

4	1177	MARX FRANZ	MPUMALANGA
5	108	VOSLOO LIAM	EASTERN CAPE
6	596	MULLER JAKO-MARTIN	GAUTENG
7	612	OPPERMAN JEANDRY	GAUTENG
8	1370	MVALA LUKHANYO	NORTH WEST



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

Final Boys 19 5000m LSEN**17:20****194**

1	385	RANTLE HLOMPHO	FREE STATE LSEN
2	1443	STOFFBERG DONELL	NORTH WEST LSEN
3	361	MAARMAN RICKEANU	FREE STATE LSEN
4	1110	MURWA THATO	LIMPOPO LSEN
5	357	KHEBESI NHLANHLA	FREE STATE LSEN
6	903	KHANYA NKOSIKHONA	KWA-ZULU NATAL LSEN
7	1115	NORMAN SHAI	LIMPOPO LSEN
8	1094	MATLOU KOKETSO	LIMPOPO LSEN
9	367	MBABVU KELVIN	FREE STATE LSEN
10	365	MAMPA SURPRISE	FREE STATE LSEN
11	1419	KOMETSE SHADRIRCK	NORTH WEST LSEN
12	818	SOKAZI MELIKHAYA	GAUTENG LSEN
13	1111	NDIMA KGOTSO	LIMPOPO LSEN
14	1103	MOSEHLANE TEMOSHO	LIMPOPO LSEN
15	767	MABOE THABANG	GAUTENG LSEN
16	1243	LIUTLO BOKAMOSO	MPUMALANGA LSEN
17	1260	NDLOVU SPHELELE	MPUMALANGA LSEN
18	1421	LESEMOLA MOHAU	NORTH WEST LSEN
19	795	NDULULA REANETSE	GAUTENG LSEN
20	794	MWAMBA EMANUEL	GAUTENG LSEN
21	1267	SHABANGU GIFT	MPUMALANGA LSEN
22	819	SOMANE THABO	GAUTENG LSEN
23	136	NYATHANI MBASA	EASTERN CAPE LSEN
24	1252	MHLONGO MELUSI	MPUMALANGA LSEN
25	1254	MODIPA WISH	MPUMALANGA LSEN
26	1838	JULIUS ANDREW	WESTERN CAPE LSEN
27	1837	JULIES ELTON	WESTERN CAPE LSEN
28	1853	NKATHANI SOLULELE	WESTERN CAPE LSEN

Final Girls 19 5000m**18:00****195****SASA: 17:02.52 (B-MAKHATISI, FS, 27 MAR 2014)**

1	2	BALENI AZOLE	EASTERN CAPE
2	1886	PRETORIUS LANE	GAUTENG
3	948	SEANEGO WENDY	LIMPOPO
4	192	MPHASANE AMOHELANG	FREE STATE
5	29	NOMABHUNGA UNITHA	EASTERN CAPE
6	187	MAZIBUKO NALEDI	FREE STATE
7	1526	ALKASTER CALPURNIA	WESTERN CAPE
8	933	MAVASA MPUMELELO	LIMPOPO
9	1274	BARAGANE TSHEGOFATSO	NORTH WEST
10	946	PRINSLOO JORDAN	LIMPOPO
11	455	MNISI MALITSATSI	GAUTENG
12	456	MOFOKENG TSHEPISO	GAUTENG

**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

13	1540	DLONGWANA KUNGAWO	WESTERN CAPE
14	198	OELOFSE DANELL	FREE STATE
15	193	MTHEMBU MBALI	FREE STATE
16	844	MJWARA THEMBEKILE	KWA-ZULU NATAL
17	10	DYWILI SANELISIWE	EASTERN CAPE
18	186	MAZIBUKO TSHEPANG	FREE STATE
19	1276	BOARDMAN ABIGAIL	NORTH WEST
20	846	MNTUNGWA ANELE	KWA-ZULU NATAL
21	1613	VERBREEK WILMIEN	WESTERN CAPE
22	1594	SAAYMAN CHELSEA	WESTERN CAPE
23	503	VAN AS SELENA	GAUTENG
24	34	SCHENK LEILA	EASTERN CAPE

Final Boys 15 1234 Swedish Relay**18:00****196****SASA: 1:58.86 (Western Cape, 16 MAR 2016)**



Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA

Final Girls 15 1234 Swedish Relay	18:10	197
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SASA: 2:15.41 (Gauteng, 25 MAR 2015)

Final Girls 17 1234 Swedish Relay	18:20	198
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SASA: 2:09.25 (Gauteng, 25 MAR 2015)

Final Boys 17 1234 Swedish Relay	18:30	199
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SASA: 1:52.67 (Gauteng, 29 MAR 2017)



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

Final Girls 19 4x100m Relay LSEN**18:35****200**

4	RELAY TEAM	LIMPOPO LSEN
5	RELAY TEAM	WESTERN CAPE LSEN
6	RELAY TEAM	MPUMALANGA LSEN
7	RELAY TEAM	GAUTENG LSEN
8	RELAY TEAM	EASTERN CAPE LSEN

Final Boys 19 4x100m Relay LSEN**18:40****201**

4	RELAY TEAM	EASTERN CAPE LSEN
5	RELAY TEAM	GAUTENG LSEN
6	RELAY TEAM	LIMPOPO LSEN
7	RELAY TEAM	WESTERN CAPE LSEN
8	RELAY TEAM	MPUMALANGA LSEN

Final Girls 19 4x100m Relay**18:45****202**

SASA: 0:46.70 (South Gauteng, 2000) / LSEN: 0:54.08 (Gauteng, 27 MAR 2014)

3	RELAY TEAM	EASTERN CAPE
4	RELAY TEAM	WESTERN CAPE
5	RELAY TEAM	NORTHERN CAPE
6	RELAY TEAM	GAUTENG
7	RELAY TEAM	NORTH WEST
8	RELAY TEAM	LIMPOPO



**Meeting :SASA HIGH SCHOOLS T&F CHAMPIONSHIPS(1)
2026/04/30 to 2026/05/02 at PILDITCH, PRETORIA**

Final Boys 19 4x100m Relay

18:50

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SASA: 0:41.02 (Gauteng, 29 MAR 2017) / LSEN: 0:43.24 (Western Cape, 26 MAR 2014)

1	RELAY TEAM	GAUTENG
2	RELAY TEAM NC_B	NORTHERN CAPE
3	RELAY TEAM	WESTERN CAPE
4	RELAY TEAM	MPUMALANGA
5	RELAY TEAM	LIMPOPO
6	RELAY TEAM NC_A	NORTHERN CAPE
7	RELAY TEAM	NORTH WEST
8	RELAY TEAM	EASTERN CAPE